



# 6 NATIONS PLUS KELPIES EXPERIENCE

## HEALTH & SAFETY INFORMATION

Thursday 5 June 2025 • Mid-morning • In aid of  
Maggie's Centres

This is a controlled and safe climb experience at The Kelpies, designed to be enjoyable and achievable for all participants. Zone Events is the service provider managing the activity on the day.

1

### BEFORE YOU ARRIVE

- Arrive in good time for registration and safety briefing.
- Bring any personal medication you may need.
- Tell the team about any injuries, mobility concerns, or relevant medical conditions.
- Do not attend under the influence of alcohol or drugs.

2

### CLOTHING & EQUIPMENT

- Wear suitable, comfortable outdoor clothing for the weather.
- Wear sturdy, closed-toe footwear with good grip.
- Avoid loose jewellery or unsecured items.
- All specialist safety equipment and PPE will be provided and must be worn as instructed.

3

### ON THE CLIMB

- Follow all instructions and direction from the Zone Events team at all times.
- Wait for the go-ahead before starting.
- Remain clipped in and use safety systems exactly as instructed.
- Do not attempt anything outside the supervised route.
- Respect fellow participants, instructors, and staff.

4

### WEATHER & OPERATIONAL SAFETY

- Timings may change if weather or site conditions require it.
- Organisers reserve the right to pause, amend, or stop the activity for safety reasons.

5

### FUNDRAISING COMMITMENT

- Each climber must make a minimum £200 donation or commit to raising at least £200.
- Places are limited to 20 participants.
- By registering, you agree to support Maggie's Centres through this minimum fundraising commitment.

## 6 IMPORTANT ACKNOWLEDGEMENT

✓ **I will abide by the instructions and direction of the Zone Events team.**

✓ **I commit to the minimum £200 donation / fundraising commitment.**

*Participants will be asked to confirm these during registration.*

Please read this sheet before registering. | For event queries: [info@6nationspluschallenge.co.uk](mailto:info@6nationspluschallenge.co.uk)